

Term 3: 17 July—22 September 2017

All classes (including computer classes) can be joined at any time during the term.

Celebrate Adult Learners Week

TAX ESSENTIALS SEMINAR

THURSDAY 9.30am-11.30am 7 September

This seminar covers business structures; registering your business (GST, PAYGW etc); income and deductions; brief overview of reporting and record keeping; ATO online services; help and more information. Bookings through eventbrite:

<https://www.eventbrite.com.au/e/tax-essentials-for-small-business-endeavour-hills-vic-tickets-35742930066>

RECORD KEEPING WORKSHOP

THURSDAY 9.30am-12.30pm 21 September

This workshop is ideal for those who have attended the Tax Essentials Seminar or you may know the basics but want to improve your Record Keeping skills and knowledge. Topics covered include how money flows through a business; keeping good records; record keeping tips and traps; and completion of a case study. Bookings through eventbrite:

<https://www.eventbrite.com.au/e/record-keeping-workshop-for-small-business-endeavour-hills-vic-tickets-35743537884>

Please contact the Neighbourhood Centre on 97003789 if you require help with booking into the sessions.

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Events

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CREATIVE PORTRAITS WITH PAPER COLLAGE

Experience three days of creative fun making a paper collage portrait of yourself or a loved one. Neloo Kreltszheim, an award winning artist who undertakes commissions for portraits, will show you the fundamentals of how to draw a portrait and finish your masterpiece in three sessions. All materials provided.

Proudly supported by City of Casey Winter Arts Festival.

THURSDAY 12.30pm-2.30pm 3 Aug—17 Aug (3 weeks)

Cost: \$30.00

NATURAL SOAP MAKING WORKSHOP

Learn the techniques of natural cold process soap-making in this fun two hour hands-on workshop. Sharnn will provide all equipment and ingredients, hand outs and instruction on safety, materials, ingredients and method, then everyone gets to make a big batch of soap which will be divided up for people to take home 5 bars of soap.

MONDAY 10.00am-12.00pm 21 August (1 week)

Cost: \$60.00

RECYCLED PAPER MAKING WORKSHOP

Reuse your photocopy and office waste paper and coloured flyers from you school, library or club etc. Two hours of fun making your own paper suitable for scrapbooking, card making and letter writing. All materials and equipment supplied, but you are welcome to bring some flower petals to add to the paper you will make.

MONDAY 10.00am-12.00pm 4 September (1 week)

Cost: \$45.00

LIFESTYLE STUDY GROUP

Harmony in the work and at home. Create the lifestyle you want. Understand people and children better, revealing the secrets hidden for thousands of years with the latest technologies. A program packed with practical techniques that you can use easily everyday to lead yourself into a maintained lifestyle, how to overcome stress and bring back balance. For enquiries email ewartg@gmail.com

TUESDAY 7.00pm-9.00pm 18 Jul—19 Sep (10 weeks)

Bookings: Phone Ewart 0425 797 761

CARDIOPULMONARY RESUSITATION (CPR) HLTAID001

Keep your First Aid training up to date with this Cardiopulmonary Resuscitation course which is required to be updated annually. On successful completion of this course, a CPR Statement of Attainment will be issued.

Training conducted by HealthGuard First Aid Training Services.

TUESDAY 1.00pm - 3.00pm 22 August (1 week)

Cost: \$75.00

FIRST AID —CPR Reaccreditation and Continuous Education Program HLTAID003

This course is for anyone who currently holds a First Aid level 2 certificate which is due for renewal.

Incorporating the required annual CPR reaccreditation, the continuous education program allows the participant to re-complete their qualification over the 3 years of the life of their current qualification. Upon completion of the course participants will be issued with a Provide First Aid Certificate (level 2).

Training conducted by HealthGuard First Aid Training Services.

TUESDAY 1.00pm - 3.00pm 22 August (1 week)

Cost: \$75.00

FREE HEARING HEALTH CHECKS

Are you missing out on the enjoyment of everyday sounds and conversations? Hearing checks only take 15 minutes and are conducted by professional staff from HEARINGLife—a fully accredited company for the Australian Government Hearing Services Program. Phone bookings to 9700 3789 or just pop in on the day.

THURSDAY 24 August (1 week)

Appointments between 10.00am -1.00pm

Cost: FREE

Donut King

Endeavour Hills Shopping Centre
Phone: 9700 1164

Muffin Break

Endeavour Hills Shopping Centre
Phone: 9700 1678

MEDITATION—FREE classes

Learn meditation on the inner light. A simple but effective method to bring out your innermost qualities, enhance your powers of concentration and benefit you at the physical, emotional, intellectual and spiritual levels. For bookings & enquiries call Sharon 0419 308 475.

TUESDAY 1.45pm-2.45pm 18 Jul—19 Sep (10 weeks)

WEDNESDAY 6.00pm-7.00pm 19 Jul—20 Sep (10 weeks)

Cost: Free

SPANISH SPEAKING SUPPORT GROUP IN NEW TECHNOLOGY

In a friendly environment learn basics on how to use the technology of your own choice in Spanish. Bring your own mobile phone, tablet or laptop. Classes are run by volunteers with some knowledge of iPhones, Samsung and other brands.

Bookings essential—phone Graciela on 0413 969 009.

MONDAY 9.30am-11.30am 17 Jul—18 Sep (10 weeks)

Cost: \$3.00 per week

MANDARIN LESSONS

Children love our classes because they are designed for children to learn while having fun! Using Accelerated Learning Techniques using both sides of their brain through music, storytelling, games, this promotes children to use their intellect and their feelings to learn by using their conscious and subconscious minds. Classes suitable for ages 4-12 years. For more information see:

SATURDAY 9.30am-11.30am 22 Jul—16 Sep (9 weeks)

Bookings: Phone 0421 709 414

NAIL ART

Come along and learn nail art techniques and how to prepare nails for manicure. Practise designs and patterns using a nail wheel. A selection of nail polish will be available or BYO your favourite bottle.

MONDAY 12.00pm-2.00pm 31 July (1 week)

Cost: \$7.00

ENGLISH as a Second Language

Improve your reading, writing and speaking skills in this small and friendly class. Practise your conversation skills to assist you with shopping, banking and other everyday tasks. Gain the confidence to go on to further study or get a job. Suitable for beginners to intermediate.



Students must be permanent residents or Australian citizens to be eligible for this government funded class.

TUESDAY 9.00am-1.00pm 18 Jul—19 Sep (10 weeks)
Cost: *\$43.00; Concession: \$15.00

WEDNESDAY 9.00am-12.30pm 19 Jul—20 Sep (10 weeks)
Cost: *\$37.00; Concession: \$15.00

THURSDAY 9.00am-1.00pm 20 Jul—21 Sep (10 weeks)
Cost: *\$43.00; Conc: \$15.00 *Conditions apply see inside back cover

ENGLISH and e-Learning

This e-Learning class is learning English through specially designed computer-based English programs and online activities and exercises. You will improve your English, reading and spelling skills while also learning to use a computer.



Improving communication skills gives students access to more choices in learning areas, the workforce, further education and students are better prepared for everyday living.

MONDAY 9.00am-1.00pm 17 Jul—18 Sep (10 weeks)
Cost: *\$43.00; Conc: \$15.00 *Conditions apply see inside back cover

AMES ENGLISH CLASSES

AMES Australia will deliver English Language programs at Endeavour Hills Neighbourhood Centre from Monday 17th July. Accredited certificates in spoken and written English (CSWE Prelim to 3) will be taught. Classes are held Monday to Wednesday in the mornings starting at 9.00am.

For enquiries call AMES Australia Dandenong on 8791 2401 or go to Level 4, 280 Thomas St Dandenong.

COMPUTING for BEGINNERS

An introduction to basic computer skills using MS Word 2007. Topics cover starting the computer, parts of the computer, word processing (e.g. letters and invitations). Several classes will be all about the internet. Work at your own pace in small class sizes and no computer experience necessary.

THURSDAY 1.00pm-3.00pm 3 Aug—7 Sep (6 weeks)
Cost: \$60.00 or concession \$40; plus manual \$15.00

INTRODUCTION TO iPADS

Book into this 2 week course to learn iPad basics. Learn how to navigate around your iPad, set up email, take photos, and how to use the standard apps such as calendar, reminders and news. Please bring along your iPad to the sessions. The Centre has some iPads for use in the class for anyone who does not have one.

TUESDAY 12.30pm-2.00pm 22 Aug—29 Aug (2 weeks)
Cost: \$10.00

INTERNET BASICS and BEYOND

In a small group setting, learn how to set up an email, browse the internet, use Facebook and Skype, get tips about online safety and much more. Suitable for people who have completed one of our computer classes or have some computer experience.

TUESDAY 10.00am-12.00pm 18 Jul—19 Sep (10 weeks)
Cost: \$3.00 per week

SENIOR'S INTERNET COMPUTER CLUB

Get together with other people who share your interest in computers and the Internet. This is an informal group for people who have completed one of our computer classes or have some computer experience.

THURSDAY 9.45am-11.45am 20 Jul—21 Sep (10 weeks)
Cost: \$3.00 per week

Volunteer Tutors Wanted

Do you have a hobby you are passionate about? Phone **9700 3789** to express your interest in teaching classes at the centre.

Junior Activity Group (JAG) - 3 & 4-YEAR-OLD PRE-KINDER

These pre-kinder sessions help to prepare children for their kindergarten year while having lots of fun. We offer a varied program that encourages socialisation and caters for the needs of your child. There is structured activities such as singing, outdoor play, stories, painting, play dough, puzzles and more.

MONDAY, TUESDAY, THURSDAY and FRIDAYS

All session times: 9.30am-12.30pm

Term Fee: \$180.00 (1 session/week); \$340.00 (2 sessions/week)
\$500.00 (3 sessions/week)
Plus \$10.00 yearly enrolment fee.

TAKE A BREAK—OCCASIONAL CARE

Do you need some time out? Do you have appointments to attend, shopping to do or would just like some time for yourself? Our qualified and experienced staff can care for your children but bookings are essential as places are limited. Bookings can be made by phoning **9700 3789**.

TUESDAYS and FRIDAYS

Time: 9.30am-12.30pm

Cost: \$180.00 per term or \$20.00 casual
Plus \$10.00 yearly enrolment fee

Keeping children safe - statement of commitment

Endeavour Hills Neighbourhood Centre (EHNC) is committed to the creation and maintenance of a child safe culture and to ensure the care, protection and safety of all children engaging with EHNC in any of its programs, activities or events. We will safeguard against the risk of child abuse and respond to authorities if abuse is suspected.

LYNN'S LEARNING

English and Maths tuition for Prep to Year 10 students. Individualised extension and remedial programs, mathematical skills, creative writing techniques, ICAS, NAPLAN & scholarship preparation. Call to book your free assessment. Find out more at <http://www.lynnlearning.com>

MONDAY 3.45pm-6.45pm 17 Jul—18 Sep (10 weeks)

Bookings: Phone 8794 8809

Activity Groups

COOK and CHAT

Come along and try out and share new recipes. This group is for people to get together and make new friends while chatting, preparing and eating a healthy light lunch. Cost of session includes ingredients.

FRIDAY 10.00am-12.30pm 21 Jul—22 Sep (10 weeks)
Cost: \$6.00 per week

MADE WITH LOVE QUILTERS

Made with Love Quilters are a dedicated group of ladies who make quilts for charity. They would love anyone who is interested to come along and help out, all materials are supplied to make the quilts. Volunteers are needed to help cut material, iron and machine sew quilt tops. Come for a few hours or stay all day - BYO lunch.

Last FRIDAY of the month 28 Jul, 25 Aug, 22 Sep
Second MONDAY of the month 14 Aug, 11 Sep
Time: 9.30am-2.30pm Cost: \$3.00 per session

DANDENONG U3A PAINTING CLASS

A popular painting group run by U3A (University of the Third Age). Cost is membership to U3A plus materials. For more information and to become a member of U3A phone 9546 2997.

THURSDAY 12.00pm-2.00pm 20 Jul—21 Sep (10 weeks)

COUNSELLING

Counselling provided for grief and loss, criticism, fear, guilt, anger, abuse, low self-esteem, abandonment, loneliness and other issues. Manini's (the counsellor) qualifications are a B.A., a Diploma of Holistic Counselling and she is a member of IICT and AAHTC. Counselling is free for all members of the community over 21 years of age. All client information and data is strictly confidential. Bookings essential—phone Manini on 0430 511 832 or email belief.hope@hotmail.com

THURSDAY by appointment (between 9.00am-3.00pm)
20 Jul—21 Sep (10 weeks)

Special Interest

EMBROIDERY or PATCHWORK

Students choose and work on their own projects (whether it is patchwork or embroidery) with help and advice from the tutor. For the beginner the tutor can help select a suitable design and give suggestions on colour combinations.

WEDNESDAY 12.45pm-2.45pm 26 Jul—13 Sep (8 weeks)
 or **THURSDAY** 9.30am-12.00noon 27 Jul—14 Sep (8 weeks)
 Cost: \$80.00 plus materials

PATCHWORK FRIENDSHIP GROUP

For anyone who loves patchwork and quilting and enjoys sharing ideas. New members must have basic skills in patchwork and quilting as there is no tutor. BYO projects and equipment.

TUESDAY 9.00am-12.00noon 18 Jul—19 Sep (10 weeks)
 Cost: \$3.00 per week

PAINTING/DRAWING

Our talented tutor Neloo can show you how to use your choice of oils; water colours; pastels; acrylics; etc. Suitable for beginners or artists wishing to learn different techniques to expand their creative skills. Material list is available on enrolling.

TUESDAY 12.30pm-2.30pm 25 Jul—12 Sep (8 weeks)
Bookings: Phone Neloo 9703 1820

PAINTING/DRAWING for Teens and Adults

This creative art session is suitable for high school age students or adults. The class follows a set curriculum. Material list is available on enrolling.

SATURDAY 9.30am-11.30am 22 Jul—9 Sep (8 weeks)
Bookings: Phone Neloo 9703 1820

If you would like to make a donation to the Centre, a book of postage stamps or a ball of wool (for the knitters for charity) would be most welcome.

KNITTING 'n' CROCHET

A friendly group for all levels, from beginners to advanced (our friendly volunteer can show beginners how to get started). Enjoy some company and a chat while you knit or crochet. You can either knit a project for yourself or you may like to knit for charity. BYO needles and wool.

WEDNESDAY 1.00pm-3.00pm 19 Jul—20 Sep (10 weeks)
Cost: \$3.00 per week

CARD MAKING & SCRAPBOOKING FRIENDSHIP GROUP

This group is for card making or scrapbooking enthusiasts. Set aside time to get together with other crafty people to share ideas or to complete those unfinished paper projects. BYO own materials.

MONDAY 12.30pm-3.00pm 17 Jul—18 Sep (10 weeks)
Cost: \$3.00 per week

CARD MAKING WORKSHOPS

Don't miss these fabulous card-making workshops. Try out different techniques using inks, stamps, dies, and more. Includes materials.

Stampin! Up! With Janelle

TUESDAY 10.00am-12.00pm OR 12.30pm-2.30pm 1 August
Cost: \$20.00

Kaszazz with Lisa

THURSDAY 12.30pm-2.30pm 14 September Cost: \$20.00

JEWELLERY MAKING

Learn practical techniques and have the opportunity to design and create your own personalised jewellery. You will be shown step by step instructions to create jewellery sets using materials such as glass, wood, metal and beads in the style of your choice.

TUESDAY 10.00am-2.30pm 29 August (1 week)
Cost: \$25.00 plus \$15.00 materials

TAI CHI

Promotes harmony of mind and body. Tai Chi is meditation in motion, movements are slow and gentle. Classes include muscle stretching and relaxation. Suitable for all ages.

For bookings and enquiries phone Sandra 0402 739 702.

MONDAY 1.30pm-2.30pm 17 Jul—18 Sep (10 wks)
2.30pm-3.30pm (beginners)

TUESDAY 7.30pm-8.30pm (beginners) 18 Jul—19 Sep (10 wks)

WEDNESDAY 1.30pm-2.30pm (beginners) 19 Jul—20 Sep (10 wks)

FRIDAY 11.15am-12.15pm (advanced) 21 Jul—22 Sep (10 wks)

Cost: \$100.00 per 10 week term or \$12.00 per class

Concession: \$80.00 per 10 week term or \$10.00 per class

GENTLE EXERCISE WITH TAI CHI

For people aiming to improve their level of fitness through gentle exercise. Especially suitable for people who wish to improve and maintain their level of fitness. The class includes weight-bearing exercises for strength, exercises for flexibility, co-ordination, balance, controlled breathing, and circulation.

For bookings and enquiries phone Sandra 0402 739 702.

FRIDAY 10.15am-11.15am 21 Jul—22 Sep (10 weeks)

Cost: \$8.00 per class; No concession.

PILATES MAT BEGINNER COURSE

Come and join us for beginner / intermediate Pilates mat classes, suitable for all ages and fitness levels. This is a contemporary class stemming from Joseph Pilates' teachings focusing on core stability, flexibility, postural control, breathing, alignment and rehabilitation.

Please bring a drink bottle, mat and towel. For bookings and enquiries phone Leigh on 0422 438 774 or 9792 4238.

THURSDAY 7.30pm-8.30pm 20 Jul—21 Sep (10 weeks)

Cost: \$18.00 per class—pay in advance for term;
or casual rate of \$25.00 per class

ZUMBA

Zumba combines hypnotic Latin rhythms and easy to follow moves to create a unique fitness program that is so much fun you won't even count it as hard work.

Phone Claudia on 0410 062 386 for bookings and enquiries.

MONDAY	7.00pm-8.00pm	17 Jul—18 Sep (10 weeks)
WEDNESDAY	7.00pm-8.00pm	19 Jul—20 Sep (10 weeks)
SATURDAY	10.00am-11.00am	15 Jul—23 Sep (12 weeks)

Cost: \$12.00 per class casual; \$100.00 for prepaid 10 class pass

HAPPY HIPS BELLY DANCE

Experience the excitement of learning Middle Eastern dance in a fun and relaxed atmosphere. Suitable for women of any age! Improve your fitness, muscle tone, flexibility and co-ordination.

Phone Charni on 0416 236 132 for bookings and enquiries.

TUESDAY 18 Jul—19 Sep (10 weeks)
 Intermediate/advanced: 6.30pm-7.25pm
 Beginners: 7.30pm-8.25pm
 Cost: \$140 per term (\$120 conc.) or \$15 casual (\$13 conc.)

ROOM HIRE

Function Room

The Centre has a function room for hire on Friday and Saturday evenings. The function room seats up to 60-70 people. Available for birthdays, christenings, anniversaries, family gatherings, reunions, engagements and weddings. Special rates applicable for community or not-for-profit groups. (Conditions apply)

Meeting Room

For meetings, classes or networking. The room seats 10-15 people and facilities include a whiteboard, wall urn and sink.

For bookings and further information please phone **9700 3789**.

OTHER GROUPS WHO MEET AT THE CENTRE

- ❖ Afghan Australian Philanthropic Association - Sundays—fortnightly
- ❖ Day By Day Christian Ministries - Sundays
- ❖ Ahmadiyya Muslim Association -Thursdays, Saturdays and fortnightly Sundays